

## U3A TERM 4 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2nd October	3rd October	4th October	5th October	6th October
9:30 COMMITTEE MEETING	10.00 <b>SCRIBBLERS</b> Zentangle is a combination of meditation and art	10:00. FINSKA	10:00 SINGING	10:00 LAKE WALK
10.30 - 11.30 SIGN UP for Term 4				<b>ART DECO TOUR</b> Town Hall, doors open at 9.45 for 10.00am start. Bookings and \$10.00 are required to reserve seat for bus tour.
	11:30 DJEMBE DRUMMING		12:00 STRENGTH CLASS \$10	
		1:00 CRAFT	12:30 BRIDGE	
	1:00. SOLO	2:30. PILATES/ YOGA \$10		
9th October	10th October	11th October	12th October	13th October
		10:00. FINSKA	10:00 SINGING	<b>BUSHWALKING</b> <i>Mt Langi Ghiran</i>
	9:30 GENETICS explained easily by John Mawson	10:00 <b>GARDENING</b> APPRECIATION & MAINTENANCE		
1:30. BOOKCLUB  <b>Bila Yarrudhanggalangdhuray</b> by Anita Heiss				
			12:00. TAI CHI \$10	1.00 <b>Ararat Gallery WAMA exhibition</b>
		1:00 CRAFT	12:30 BRIDGE	
	1:00 SOLO	2:30. PILATES/ YOGA \$10	1:00 BOARD GAMES	
16th October	17th October	18th October	19th October	20th October
	10.00 <b>SCRIBBLERS</b> Zentangle is a combination of meditation and art		10:00 SINGING	10:00 LAKE WALK
		10:00. FINSKA		10.00 Ararat Old Cemetery Tour with Bill Jones Bring hat and water
			12:00 STRENGTH CLASS \$10	
	11:30 DJEMBE DRUMMING		12:30 BRIDGE	
1.00 <b>U3A Big Screen Roman Holiday</b> Audrey Hepburn & Gregory Peck		1:00 CRAFT	<b>TEA at the BLUE DUCK</b> 6.30pm	<b>SUNDAY 22nd October</b> <i>Dunolly Gold Rush Festival &amp; Market.</i> Carpool 9.00
	1:00 SOLO	2:30. PILATES/ YOGA \$10		

## U3A TERM 4 2023

23rd October	24th October	25th October	26th October	27th October
		10:00. FINSKA	10:00 SINGING	9:00 <b>BUSHWALKING</b> <i>McDonald Park</i>
	9:30 <b>GENETICS</b> explained easily by John Mawson	10:00 <b>GARDENING</b> APPRECIATION & MAINTENANCE		
		12:00. TAI CHI \$10		10:00 LAKE WALK
		1:00 CRAFT	12:30 BRIDGE	
	1:00 SOLO	2:30. PILATES/ YOGA \$10	1:00 BOARD GAMES	
30th October	31st October	1st November	2nd November	3rd November
	9:30 <b>SCRIBBLERS</b> Zentangle is a combination of meditation and art		10:00 SINGING	10:00 LAKE WALK
	11:30 DJEMBE DRUMMING	10:00. FINSKA	12:00 STRENGTH CLASS \$10	<b>GARDEN GLIMPSE &amp; OLD LOCAL STONE FARM BUILDINGS restoration</b> Visit the property of Lorraine and Jim Hall Carpool 1.00pm
		1:00 CRAFT	12:30. BRIDGE	
	1:00 SOLO	2:30. PILATES/ YOGA \$10		
6th November	7th November	8th November	9th November	10th November
9:30 <b>COMMITTEE MEETING</b>		10:00. FINSKA	10:00 SINGING	<b>BUSHWALKING</b> <i>Mt Ararat from Rocky Point Rd</i>
	<b>MELBOURNE CUP PUBLIC HOLIDAY</b>	10:00 <b>GARDENING</b> APPRECIATION & MAINTENANCE		
1:00 <b>U3A Big Screen Sabrina</b> Audrey Hepburn, Humphrey Bogart & William Holden		12:00. TAI CHI \$10		10:00 LAKE WALK
		1:00 CRAFT	12:30 BRIDGE	
		2:30. PILATES/ YOGA \$10	1:00 BOARD GAMES	
13th November	14th November	15th November	16th November	17th November
<b>TECH HELP</b> 1/2 hour individual sessions with Janine re your phone, tablet or computer 1.00-3.00pm bookings essential	9:30 <b>SCRIBBLERS</b> Zentangle is a combination of meditation and art	10:00 FINSKA	10:00 SINGING	10:00 LAKE WALK
	11:30 DJEMBE DRUMMING		12:00 STRENGTH CLASS \$10	
1.30 <b>BOOKCLUB</b>	1:00. SOLO	1:00 CRAFT	12:30. BRIDGE	
<b>Bruny</b> By Heather Rose		2:30. PILATES/ YOGA \$10	2:30. <b>CUPPA CAKE &amp; CHAT</b> Grampians Estate Carpool 2.00pm	

## U3A TERM 4 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20th November	21st November	22nd November	23rd November	24th November
<b>TECH HELP</b> 1/2 hour individual sessions with Janine re your phone, tablet offered between 1.00pm to 3.00pm Bookings essential	9:30 <b>GENETICS explained easily by John Mawson</b>	10:00. FINSKA	10:00 SINGING	<b>BUSHWALKING</b> <i>Jenny Clayton Walk</i> BYO picnic and meat to BBQ
	11:00 <b>Using photos to make a movie on your IPAD using iMovie app.</b>	10:00 <b>GARDENING APPRECIATION &amp; MAINTENANCE</b>	12:00. TAI CHI \$10	
	1:00. SOLO	1:00 CRAFT	12:30 BRIDGE	1.00 ROSE ROWE Holiday Tales from Vietnam
		2:30. PILATES/ YOGA \$10		
27th November	28th November	29th November	30th November	1st December
9:30 <b>COMMITTEE MEETING</b>	9:30 <b>SCRIBBLERS</b> Zentangle is a combination of meditation and art	10:00. FINSKA	10:00 SINGING	10:00 LAKE WALK
1:00 <b>U3A Big Screen</b>			12:00 STRENGTH CLASS \$10	<b>EOY Function</b> Lunch at <b>Blue Pyrenees Winery</b> \$45.00 Carpool 11.00am
<b>Breakfast at Tiffany's</b> Audrey Hepburn & George Peppard	11:30 DJEMBE DRUMMING		12:30 BRIDGE	
	1:00. SOLO	1:00 CRAFT		<b>Saturday 2nd December</b> 3.00pm Australian Chamber Choir Baroque Christmas - Dunkeld
		2:30. PILATES/ YOGA \$10		
4th December	5th December	6th December	7th December	8th December
		10:00. FINSKA	10:00 SINGING	<b>BUSHWALKING</b> <i>Bellingham's Hill Road</i>
	9:30 <b>GENETICS explained easily by John Mawson</b>			10:00 LAKE WALK
		10:00 <b>GARDENING APPRECIATION &amp; MAINTENANCE</b>	12:00. TAI CHI \$10	
<b>EOY FUNCTION</b> Cuppa and Cake <b>Ararat Hotel Cafe Bistro</b> 2.30pm			12:30 BRIDGE	
	SPRING CLEAN OF FACILITIES Volunteers welcomed 11.00am		1:00 BOARD GAMES	<b>Monday 11th Dec</b> FINAL BOOKCLUB 1.30pm Venue Anne Hedgelands place <b>One Hundred Days</b> By Alice Pung
	1:00. SOLO	1:00 CRAFT		
		2:30. PILATES/ YOGA \$10		

