



University of the Third Age
U3A Ararat & District Inc.
PO Box 531 Ararat Vic 3377
u3aararat1@gmail.com
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EDITORS NOTE –

Welcome to our Term 2 newsletter. I want to thank the leaders and photographers who have provided me with photos of their activities. If you have something that will be of interest to members for the future newsletters then please contact me. This edition is somewhat short on content as Pam and I will be away from 19 June until the end of July so there has been precious little time to gather news.

Email: peterbrennan22@gmail.com

Home Phone: 5356 2520. Mobile Phone: 0428 947 947

PRESIDENT'S PRATTLE

Welcome to the term 2 Newsletter. As I was preparing to write a few words, I glanced through the previous newsletter and in particular Pam's introduction and reference to the gallery photos on our webpage. The number and variety of events featured is fantastic and I would recommend all members log in to have a look. Just go to u3aararat.org.au

The term 2 program is well underway, and interest and attendances continue to be strong. Daryl Scherger gave a thought-provoking talk on Renewable Energy and Rick and Janine took us through Western Australia on their van adventure from last year. The dine out night at the Maroona Hotel was a great night for those that made the trip. The ambiance of the hotel and the service of the management and staff were excellent. The bush walking group on Fridays continue to visit interesting and varied destinations. The trip to central Ballarat including the statues in the street was a highlight of the term so far, according to a reliable source.

Ian Walmsley has not been well, and we all wish him a speedy recovery. He has been missed at the many activities, board games and singing that he regularly attended.

Term 3 program preparation is well under way. Winter is a time when many of our members head to warmer climates both home and overseas and our numbers will reflect this in the coming months.

We have welcomed 3 new members, Janet, Coral and Cheryl in term two and received expressions of interest from a few other people. Our webpage has been the initial contact for people new to the town and provides all the initial information they need.

A big thank you to all members regarding adhering to the speed limits coming into the training centre, especially past the winery and houses.

I hope everyone stays warm and healthy over the next few months. Unfortunately, Covid is still very much with us at present, and we need to take all necessary precautions to limit its impact.

President Phil

ARARAT COMMUNITY ENTERPRISE

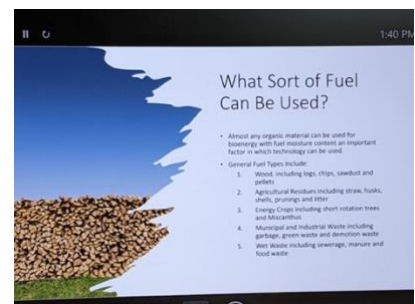
Remember to support the members of the Ararat Community Enterprise who have been so generous in their support of the Djembe drumming program. The businesses associated with ACE are the Bendigo Bank, WFI Insurance and Bendigo Telco.



GUEST SPEAKERS

Daryl Scherger – Renewable Energy

Ararat residents who read the weekly edition of the Ararat Advocate will be familiar with regular letter correspondent, Daryl Scherger. Daryl is a font of knowledge on a range of topics, but his real interest is in spreading the word about renewable energy, particularly the community owned BioEnergy System. Daryl was an engaging and knowledgeable speaker and attendees were impressed with his explanations.



Janine Adams and Rick Thomas - Avan Adventures in Western Australia

Janine, Lyn and Rick Thomas hitched up their A Vans in 2022 and headed to the West. Janine and Rick entertained a large group with entertaining stories and photos about their trip to the warm north of the state down to the south-west



NEW COURSE - SCRIBBLERS

Linda Heard has introduced a new course developed by the U3A organisation called 'Scribblers'. This course covers the fundamentals of art and principles of design to build a strong foundation in drawing and to develop confidence to explore a personal drawing style and unique visual voice. These photos illustrate a diligent group hard in concentration during the class which is held each fortnight. Linda is delighted with the progress the group is making in such a short time.

Phil Brotchie is happy to provide a sample of his sketching skills. The original picture is on the left and Phil's sketch is on the right.



BUSHWALKING GROUP

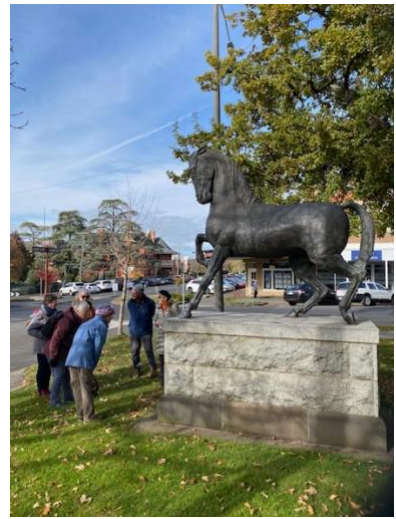
Margaret Farrar has been leading the Ararat U3A bush walking group for the last twelve years. The group which usually focuses on bush walks in the Ararat district took a change of direction this month and headed down to Ballarat to walk "The Statues".

The walk entailed walking Sturt Street, Ballarat, from Drummond Street to Grenville Street. The purpose of the walk was to inspect the 25 iconic statues and monuments which have been erected on this strip.

The earliest statue was the Burke and Wills Fountain which was erected in 1867. This memorial is dedicated to the memory of Ballarat son Robert O'Hara Burke and his good mate William John Wills.

Some of the highlights of the walk included the Titanic Memorial Bandstand, Cenotaph, Queen Victoria Fountain and statues of Thomas Moore, Robert Burns, Peter Lalor, Sir Albert Coates and Pompey Elliot.

A big thank you to our leader Margaret Farrar for all her work in organising a variety of interesting walks each term



EXCURSIONS – HORSHAM ART GALLERY

A group travelled to Horsham in early June to visit the Horsham Regional Art Gallery’s exhibition ‘The Light Fades but the Gods Remain’. *The light fades but the gods remain* is a major exhibition showcasing two key series by Bill Henson, one of Australia’s preeminent artists. These explore the suburb of Glen Waverley, where the artist grew up. This ground-breaking commission offers an unparalleled insight into one of Australia’s most revered artists as he explores the notion of home, intensifying the everyday to a point of dramatic revelation and romantic beauty.



CRAFT GROUP

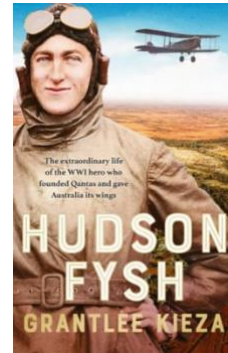
These photos from the Wednesday craft group illustrate the great social connections that the Ararat U3A organization is able to provide.



BERYL RASELLI'S AUDIO BOOK CHOICES

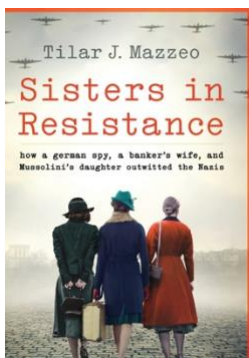
Beryl uses her iPad (provided by a BeConnected grant) to listen to audio books. Whether it be in the kitchen or tending the J Ward gardens, Beryl listens to a vast range of book topics. Here are a couple of her recommendations.

HUDSON FYSH - Hudson Fysh was a decorated World War I hero who not only founded Australia's national airline, Qantas, but steered it for almost half a century from its humble beginnings with two rickety biplanes to the age of the Jumbo jets. More than anyone, Fysh shaped the way that Australians saw the world.



A sad and sickly boy traumatised by his parents' broken marriage, Fysh was a poor student, but the courage and determination he developed playing sport propelled him through his toughest challenges, and they became the foundations of this great Australian life.

SISTERS IN RESISTANCE –



The extraordinary true story of how three women - a fascist's daughter, a German spy, and an American socialite - raced against Hitler's SS to get key evidence into the hands of the Allies. Containing all the detailed twists and turns of a spy thriller, this is the story of three women, each faced with unbearable pressures and weighty moral questions, whose lives were drawn together in one of the most unlikely rescues of World War II.

U3A COOKING CLASS – FLAVOURSOME FLANS

Anne Hedgeland has inspired the cooking class with her simple and flavoursome recipes. The class is conducted at the Trade Training Centre at Ararat College in their fully equipped commercial kitchen. The first 2 classes featured a pastryless quiche and a lime tart. Alwyn Kitchen's quiche and Gwen Haddow's lime tart feature in these photos.



SOCIAL EVENTS – DINNER AT THE MAROONA HOTEL

A hardy group ventured out to Maroona in May to dine in the 'Red Room' at the Maroona Hotel. Owner and chef, Margaret, excelled in getting more than 20 meals on the table at the same time. It was a very social occasion and we were delighted to be able to help Pat Lardner celebrate her significant birthday. Congratulations Pat.



SOME THINGS YOU NEVER KNEW ABOUT WINTER!

- Snowflakes come in all sizes and have 6 sides
- Reindeers can see in the dark
- The first winter Olympics took place in 1924
- The coldest temperature ever recorded is -123 degrees Celsius – in Antarctica
- The North Pole is warmer than the South Pole
- Winter lasts for 21 years on Uranus
- Around 12% of the Earth's surface is covered by snow and ice
- Russia is the coldest country in the world, followed by Canada, Mongolia and Finland
- Some animals have the ability to turn white during winter – eg Arctic fox and Arctic hare
- The Chinese Plum is one of the very few plants to bloom during the winter

As we head into the coldest months of the year, please keep warm, make sure you have your flu vaccination, and think kindly of all your U3A friends who are enjoying warmer climes elsewhere in Australia or overseas!



